

**Written under the VET Quality Framework**Australian Government Australian Skills Quality Authority (ASQA)

**Accredited from 2019 – 2023**

**Supporting Qualifications** from **SIS10 Sport, Fitness and Recreation Training Package**(refer to *training.gov.au*):

SIS20419 **Certificate II in** **Outdoor Recreation**   
**Statement of Attainment** SIS30619 **Certificate III in Outdoor Leadership**

Outdoor Recreation

C Course

Cover Art provided by Canberra College student Aidan Giddings

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# Course Adoption Form

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | | Course Adoption Form for Accredited C Course | | | | |
| Choose one of the following:  🞏 adoption of units as per course document  🞏 adoption of units with a different combination of units | | | | |
| The college is entered on the National Register to award Certificates delivered by this course.  🞏 Yes 🞏 No | | | | | | |
| **College:** | | | | | | |
| **Course Title:** **Outdoor Recreation** | | | **Classification:** **C** | | | |
| **Framework:** VET Quality Framework | | | | | | |
| **Dates of Course Accreditation:** | | | **From** | 2019 | **to** | 2023 |
| Adopt | Unit Title | | | | Value (0.5) | Length |
| 🞏 | Fundamentals of Outdoor Education | | | | 0.5 | Q |
| 🞏 | Risk Management & Emergency Response | | | | 0.5 | Q |
| 🞏 | Leadership, Teamwork & Responsibility | | | | 0.5 | Q |
| 🞏 | Wilderness: Journeys & Environment | | | | 0.5 | Q |
| 🞏 | Snorkelling | | | | 0.5 | Q |
| 🞏 | Advanced Snorkelling | | | | 0.5 | Q |
| 🞏 | SCUBA Diving | | | | 0.5 | Q |
| 🞏 | Advanced SCUBA Diving - ***Prerequisite*:** SISOSCB001 | | | | 0.5 | Q |
| 🞏 | Extended SCUBA: Diver Rescues - ***Prerequisite***: SISOSCB001 | | | | 0.5 | Q |
| 🞏 | Extended SCUBA: Recovery Dives - ***Prerequisite***: SISOSCB001 | | | | 0.5 | Q |
| 🞏 | Surfing | | | | 0.5 | Q |
| 🞏 | Advanced Surfing | | | | 0.5 | Q |
| 🞏 | Sea Kayaking | | | | 0.5 | Q |
| 🞏 | Advanced Sea Kayaking | | | | 0.5 | Q |
| 🞏 | Cross Country Skiing | | | | 0.5 | Q |
| 🞏 | Back Country Skiing | | | | 0.5 | Q |
| 🞏 | Canyoning | | | | 0.5 | Q |
| 🞏 | Advanced Canyoning | | | | 0.5 | Q |
| 🞏 | Caving | | | | 0.5 | Q |
| 🞏 | Vertical Caving | | | | 0.5 | Q |
| 🞏 | Advanced Caving Skills | | | | 0.5 | Q |
| 🞏 | Advanced roping techniques for caves | | | | 0.5 | Q |
| 🞏 | Rock Climbing Artificial | | | | 0.5 | Q |
| 🞏 | Advanced Artificial Climbing | | | | 0.5 | Q |
| 🞏 | Rock Climbing Natural | | | | 0.5 | Q |
| 🞏 | Advanced Natural Climbing | | | | 0.5 | Q |
| 🞏 | Lead Climbing | | | | 0.5 | Q |
| 🞏 | Bushwalking | | | | 0.5 | Q |
| 🞏 | Advanced Bushwalking | | | | 0.5 | Q |
| 🞏 | Cycle Touring | | | | 0.5 | Q |
| 🞏 | Extended Cycle Touring | | | | 0.5 | Q |
| 🞏 | Mountain Biking | | | | 0.5 | Q |
| 🞏 | Advanced Mountain Biking | | | | 0.5 | Q |
| 🞏 | Canoeing | | | | 0.5 | Q |
| 🞏 | Advanced Canoeing | | | | 0.5 | Q |
| 🞏 | Kayaking | | | | 0.5 | Q |
| 🞏 | Advanced Kayaking | | | | 0.5 | Q |
| 🞏 | Sailing | | | | 0.5 | Q |
| 🞏 | Advanced Sailing | | | | 0.5 | Q |
| 🞏 | Whitewater Canoeing | | | | 0.5 | Q |
| 🞏 | Whitewater Kayaking | | | | 0.5 | Q |
| 🞏 | High Ropes | | | | 0.5 | Q |
| 🞏 | Low Ropes | | | | 0.5 | Q |
| 🞏 | Plan Outdoor Recreation Activities | | | | 0.5 | Q |
| 🞏 | Guide Outdoor Recreation Sessions | | | | 0.5 | Q |
| 🞏 | Facilitate Groups | | | | 0.5 | Q |
| 🞏 | Risk Analysis of Activities | | | | 0.5 | Q |
| 🞏 | Remote First Aid - ***Prerequisite***:HLTAID011 | | | | 0.5 | Q |
| 🞏 | Rescue & Emergency Response | | | | 0.5 | Q |
| 🞏 | Outdoor Adventure | | | | 0.5 | Q |
| 🞏 | Abseiling Artificial | | | | 0.5 | Q |
| 🞏 | Advanced Abseiling Artificial | | | | 0.5 | Q |
| 🞏 | Abseiling Natural | | | | 0.5 | Q |
| 🞏 | Advanced Abseiling Natural | | | | 0.5 | Q |
|  | | | | | | |
| Principal: / /20 | | | | | | |
| **BSSS Office Use**  Entered into database: / /20 | | | | | | |

# The ACT Senior Secondary System

The ACT senior secondary system recognises a range of university, vocational or life skills pathways.

The system is based on the premise that teachers are experts in their area: they know their students and community and are thus best placed to develop curriculum and assess students according to their needs and interests. Students have ownership of their learning and are respected as young adults who have a voice.

A defining feature of the system is school-based curriculum and continuous assessment. School-based curriculum provides flexibility for teachers to address students’ needs and interests. College teachers have an opportunity to develop courses for implementation across ACT schools. Based on the courses that have been accredited by the BSSS, college teachers are responsible for developing programs of learning. A program of learning is developed by individual colleges to implement the courses and units they are delivering.

Teachers must deliver all content descriptions; however, they do have flexibility to emphasise some content descriptions over others. It is at the discretion of the teacher to select the texts or materials to demonstrate the content descriptions. Teachers can choose to deliver course units in any order and teach additional (not listed) content provided it meets the specific unit goals.

School-based continuous assessment means that students are continually assessed throughout years 11 and 12, with both years contributing equally to senior secondary certification. Teachers and students are positioned to have ownership of senior secondary assessment. The system allows teachers to learn from each other and to refine their judgement and develop expertise.

Senior secondary teachers have the flexibility to assess students in a variety of ways. For example: multimedia presentation, inquiry-based project, test, essay, performance and/or practical demonstration may all have their place. College teachers are responsible for developing assessment instruments with task specific rubrics and providing feedback to students.

The integrity of the ACT Senior Secondary Certificate is upheld by a robust, collaborative and rigorous structured consensus-based peer reviewed moderation process. System moderation involves all year 11 and 12 teachers from public, non-government and international colleges delivering the ACT Senior Secondary Certificate.

Only students who desire a pathway to university are required to sit a general aptitude test, referred to as the ACT Scaling Test (AST), which moderates student scores across courses and colleges. Students are required to use critical and creative thinking skills across a range of disciplines to solve problems. They are also required to interpret a stimulus and write an extended response.

Senior secondary curriculum makes provision for student-centred teaching approaches, integrated and project-based learning inquiry, formative assessment and teacher autonomy. ACT Senior Secondary Curriculum makes provision for diverse learners and students with mild to moderate intellectual disabilities, so that all students can achieve an ACT Senior Secondary Certificate.

The ACT Board of Senior Secondary Studies (BSSS) leads senior secondary education. It is responsible for quality assurance in senior secondary curriculum, assessment and certification. The Board consists of nominees from colleges, professional bodies, universities, industry, parent/carer organisations and unions. The Office of the Board of Senior Secondary Studies (OBSSS) consists of professional and administrative staff who support the Board in achieving its objectives and functions.

# ACT Senior Secondary Certificate

Courses of study for the ACT Senior Secondary Certificate:

* provide a variety of pathways, to meet different learning needs and encourage students to complete their secondary education
* enable students to develop the essential capabilities for twenty-first century learners
* empower students as active participants in their own learning
* engage students in contemporary issues relevant to their lives
* foster students’ intellectual, social and ethical development
* nurture students’ wellbeing, and physical and spiritual development
* enable effective and respectful participation in a diverse society.

Each course of study:

* comprises an integrated and interconnected set of knowledge, skills, behaviours and dispositions that students develop and use in their learning across the curriculum
* is based on a model of learning that integrates intended student outcomes, pedagogy and assessment
* outlines teaching strategies which are grounded in learning principles and encompass quality teaching
* promotes intellectual quality, establish a rich learning environment and generate relevant connections between learning and life experiences
* provides formal assessment and certification of students’ achievements.

# Vocational Education and Training in ACT Senior Secondary Schools

The Board of Senior Secondary Studies is responsible for the certification of senior secondary school studies in government and non-government schools in the ACT. Students can undertake Vocational Education and Training (VET) as part of a senior secondary certificate and completion by a student can provide credit towards both a recognised VET qualification and a Senior Secondary School Certificate.

The BSSS certificates VET qualifications and Statements of Attainment on behalf of ACT colleges and high schools that offer Australian VET Qualifications and are Registered Training Organisations (RTOs) or have a Third-Party Service Agreement (TPSA) with an RTO. The Board also recognises VET qualifications delivered by external RTOs and facilitates the allocation of credit towards the ACT Senior Secondary Certificate based on assessment and hours of training.

The BSSS is not an RTO and is not responsible for those aspects that relate to VET delivery in schools or externally that fall within the role of the RTO.

Vocational programs must be assessed in accordance with the *Standards for Registered Training Organisations 2015* and the guidelines outlined in the relevant training package. Students undertaking A, T and M accredited vocational programs will be assessed against the criteria and achievement standards referenced in the framework to produce A-E grades and scores. They will also be assessed against competency standards as described in the relevant training package.

The BSSS certificates VET that:

* is listed on the national training.gov.au website; and
* is delivered and assessed by an ACT college or high school, which is an RTO or has a Third-Party Service Agreement (TPSA) with an RTO that has scope from the Australian Skills Quality Authority (ASQA) to deliver specified qualifications
* is delivered and assessed in accordance with relevant Training Package requirements.

Vocational learning contributes to the ACT Senior Secondary Certificate in a variety of ways:

* BSSS accredited A, T, and M vocational courses with embedded competencies delivered by colleges are reported with A–E grades
* BSSS accredited C courses (competency-based assessment only) delivered and assessed by colleges are reported with the grade ‘P’ (Pass) where at least one competency is achieved by the student; or ‘Q?’ ‘Participated’ where no competencies are achieved but attendance requirements are met
* BSSS E courses recognising study at external RTOs are reported with the grade ‘P’ (Pass)
* Australian School Based Apprenticeships (ASBAs) are reported as E courses with the   
  grade ‘P’ (Pass).

The BSSS credit arrangements recognise VET studies externally:

* through direct credit when the qualification or Units of Competence relate to a VET course that is being studied by the student
* towards the Senior Secondary Certificate, providing the VET does not duplicate content.

*Implementing Vocational Education and Training* *Courses* (Appendix F) provides further course information, including training package requirements, and should be read in conjunction with course documents.

## Underpinning beliefs

* All students are able to learn.
* Learning is a partnership between students and teachers.
* Teachers are responsible for advancing student learning.



# Learning Principles

* 1. Learning builds on existing knowledge, understandings and skills.

(Prior knowledge)

* 1. When learning is organised around major concepts, principles and significant real world issues, within and across disciplines, it helps students make connections and build knowledge structures.

(Deep knowledge and connectedness)

* 1. Learning is facilitated when students actively monitor their own learning and consciously develop ways of organising and applying knowledge within and across contexts.

(Metacognition)

* 1. Learners’ sense of self and motivation to learn affects learning.

(Self-concept)

* 1. Learning needs to take place in a context of high expectations.

(High expectations)

* 1. Learners learn in different ways and at different rates.

(Individual differences)

* 1. Different cultural environments, including the use of language, shape learners’ understandings and the way they learn.

(Socio-cultural effects)

* 1. Learning is a social and collaborative function as well as an individual one.

(Collaborative learning)

* 1. Learning is strengthened when learning outcomes and criteria for judging learning are made explicit and when students receive frequent feedback on their progress.

(Explicit expectations and feedback)

# VET Qualifications

This qualification provides the skills and knowledge for an individual to be competent in performing core skills in outdoor recreation environments and assisting with the conduct of a range of outdoor activities.

Work may be undertaken as part of a team and would be performed under supervision. Work would be undertaken in field locations such as camps or in indoor recreation centres or facilities, in differing environments such as water-based, dry land and mountainous terrains, using a diverse range of equipment.

Certificate Qualifications in this course:

* SIS20419 Certificate II in Outdoor Recreation
* Statement of Attainment – SIS30619 Certificate III in Outdoor Leadership

Certificate II is the appropriate level for a VET in schools program as identified in the National Outdoor Recreation Training Package.

NOTE: In all cases the selection of elective competencies must be guided by the job outcome sought, local industry requirements and the characteristics of this qualification. If the full requirements of a Certificate are not met, students will be awarded a Statement of Attainment listing Units of Competence achieved according to Standards under subsection 185 (1) of the National Vocational Education and Training Regulator Act 2011.

For the **SIS20419 Cert II in Outdoor Recreation** the following packaging rules apply:

## Packaging Rules

11 units must be completed:

* 4 core units
* 7 elective units, consisting of:
* 3 units from Group A
* 4 units from Group A, Group B, elsewhere in the SIS Training Package, or from any other current training package or accredited course.

The selection of electives must be guided by the job outcome sought, local industry requirements and the complexity of skills appropriate to the AQF level of this qualification.

Electives which appear in italics have prerequisite units of competency, which are also listed within their appropriate group.

|  |  |
| --- | --- |
| Core units | |
| HLTWHS001 | Participate in workplace health and safety |
| SISOFLD001 | Assist in conducting recreation sessions |
| SISOFLD002 | Minimise environmental impact |
| SISXIND002 | Maintain sport, fitness and recreation industry knowledge |

|  |  |
| --- | --- |
| Elective units | |
| Group A Activity units | |
| SISCAQU002 | Perform basic water rescues |
| SISOABS001 | Abseil single pitches using fundamental skills |
| SISOBWG001 | Bushwalk in tracked environments |
| SISOCLM001 | Top rope climb single pitches, artificial surfaces |
| SISOCLM002 | Top rope climb single pitches, natural surfaces |
| SISOCNE001 | Paddle a craft using fundamental skills |
| SISOCVE001 | Traverse caves |
| SISOCYT001 | Set up, maintain and repair bicycles |
| SISOCYT002 | Ride bicycles on roads and pathways, easy conditions |
| SISOCYT004 | Ride off road bicycles on easy trails |
| SISODRV001 | Drive AWD/4WD vehicles on unsealed roads |
| SISOEQU001 | Handle horses |
| SISOEQU002 | Ride horses using fundamental skills |
| SISOFLD006 | Navigate in tracked environments |
| SISOFSH001 | Locate, attract and catch fish |
| SISOFSH002 | Select and catch bait |
| SISOFSH003 | Select and rig tackle outfits |
| SISOKYS001 | Paddle a sea kayak in enclosed waters |
| SISOPWC001 | Ride personal watercraft in smooth water conditions |
| SISOSAI001 | Sail small boats in smooth water and light to moderate wind conditions |
| SISOSCB001 | SCUBA dive in open water to a maximum depth of 18 metres |
| SISOSCB002 | SCUBA dive from boats |
| SISOSCB004 | Navigate prescribed routes underwater |
| SISOSKT001 | Ski on easy cross country terrain |
| SISOSNK001 | Snorkel |
| SISOSRF001 | Surf small waves using basic manoeuvres |
| SISOSUP001 | Paddle a stand up board on inland flatwater |
| SISOWIN001 | Windsurf in smooth water and light wind conditions |
| Group B General electives | |
| HLTAID011 | Provide first aid |
| ICTICT214 | Operate application software packages |
| MEM50008 | Carry out trip preparation and planning |
| MEM50009 | Safely operate a mechanically powered recreational boat |
| MEM50010 | Respond to boating emergencies and incidents |
| SISXCAI001 | Provide equipment for activities |
| SISXCCS001 | Provide quality service |
| SISXEMR001 | Respond to emergency situations |
| SISXFAC001 | Maintain equipment for activities |
| SISXFAC002 | Maintain sport, fitness and recreation facilities |
| SISXFIN002 | Process financial transactions |
| SITXCOM002 | Show social and cultural sensitivity |
| SITXFSA001 | Use hygienic practices for food safety |
| SITXFSA002 | Participate in safe food handling practices |
| TLIB0002 | Carry out vehicle inspection |
| TLIB2008 | Carry out inspection of trailers |
| TLIH3002 | Plan and navigate routes |

**If the full requirements of a Certificate are not met**, students will be awarded a Statement of Attainment for the Units of Competence achieved according to Standards under subsection 185 (1) of the National Vocational Education and Training Regulator Act 2011.

### Competencies from SIS30619 Certificate III in Outdoor Leadership that may be integrated into the Certificate II course

|  |  |  |
| --- | --- | --- |
| Core | Competency Title (stream/specialisation groups) | Core/Elective |
| SISOPLN001 | Finalise operation of outdoor recreation activities | C |
| SISOPLN004 | Identify hazards, assess and control risks for outdoor recreation activities | C |
| SISOPLN005 | Interpret weather and environmental conditions for outdoor recreation activities | C |
| Electives | | |
| Group B Abseiling, Natural Surfaces | | |
| SISOABS003 | Abseil single pitches, natural surfaces | E |
| SISOABS005 | Establish ropes for single pitch abseiling on natural surfaces | E |
| **Group D Bushwalking, difficult tracked environments** | | |
| SISOBWG002 | Bushwalk in difficult tracked environments | E |
| **Group E Challenge Course, Low elements** | | |
| SISOCHC001 | Lead challenge course sessions, low elements | E |
| **Group F Challenge Course, High elements** | | |
| SISOABL001 | Lead adventure-based learning activities | E |
| SISOCHC003 | Lead challenge course sessions, high elements | E |
| **Group G Climbing, Artificial Surfaces** | | |
| SISOCLM005 | Establish belays for single pitch climbing on artificial surfaces | E |
| **Group G Climbing, Artificial Surfaces** | | |
| SISOCLM006 | Establish belays for single pitch climbing on natural surfaces | E |

|  |  |  |
| --- | --- | --- |
| Electives | Competency Title (stream/specialisation groups) | Core/Elective |
| **Group H Climbing, Natural Surfaces, Top Rope** | | |
| SISOCLM002 | Top rope climb single pitches, natural surfaces | E |
| SISOCLM006 | Establish belays for single pitch climbing on natural surfaces | E |
| **Group I Canoeing, Inland Flat Water** | | |
| SISOCNE002 | Paddle a canoe on inland flatwater | E |
| SISOCNE005 | Lead canoeing activities on inland flatwater | E |
| **Group J Caving** | | |
| SISOCVE002 | Descend and ascend ladders in caves | E |
| SISOCVE004 | Descend and ascend single ropes in caves | E |
| SISOCVE005 | Establish ropes, ladders and belays for caving | E |
| Group P Kayaking, Inland Flatwater | | |
| SISOKYK001 | Paddle a kayak on inland flatwater | E |
| SISOKYK005 | Lead kayaking activities on inland flatwater | E |
| Group R Personal Water Craft | | |
| SISOFLD005 | Navigate waterway courses | E |
| Group T Sailing Small Boats | | |
| SISOSAI002 | Sail small boats in partially smooth water and moderate to fresh wind conditions | E |
| Group U SCUBA Diving | | |
| SISOSCB006 | Perform diver rescues | E |
| Group W Snorkelling | | |
| SISOSNK002 | Lead snorkelling activities | E |
| Group Y Surfing, Intermediate | | |
| SISOSRF002 | Surf waves using intermediate manoeuvres | E |
| Group AC General electives | | |
| SISOFLD003 | Select, set up and operate a temporary or overnight site | E |
| SISOSCB003 | SCUBA dive at night | E |
| SISXCAI006 | Facilitate groups | E |

# Packaging Rules

22 units must be completed:

* 9 core units
* 13 elective units, consisting of:
* all the units in any two Groups A to AB
* the remaining elective units can be selected from Groups A to AB, Group AC, elsewhere in the SIS Training Package, or from any other current training package or accredited course.

The selection of electives must be guided by the job outcome sought, local industry requirements and the complexity of skills appropriate to the AQF level of this qualification.

Electives which appear in italics have prerequisite units of competency, which are also listed within their appropriate group.

|  |  |
| --- | --- |
| Core units | |
| HLTWHS001 | Participate in workplace health and safety |
| PUAOPE013 | Operate communications systems and equipment |
| SISOFLD002 | Minimise environmental impact |
| SISOPLN001 | Finalise operation of outdoor recreation activities |
| SISOPLN004 | Identify hazards, assess and control risks for outdoor recreation activities |
| SISOPLN005 | Interpret weather and environmental conditions for outdoor recreation activities |
| SISXCCS001 | Provide quality service |
| SISXEMR001 | Respond to emergency situations |
| SISXFAC001 | Maintain equipment for activities |
| Elective units | |
| Group A Abseiling, Artificial Surfaces | |
| SISOABS002 | Abseil single pitches, artificial surfaces |
| SISOABS005 | Establish ropes for single pitch abseiling on artificial surfaces |
| SISOABS008 | Lead single pitch abseiling activities on artificial surfaces | |
| Group B Abseiling, Natural Surfaces | |
| SISOABS003 | Abseil single pitches, natural surfaces |
| SISOABS006 | Establish ropes for single pitch abseiling on natural surfaces |
| SISOABS009 | Lead single pitch abseiling activities on natural surfaces |
| SISOFLD006 | Navigate in tracked environments |
| SISORSC002 | Perform vertical rescues |
| Group C Bushwalking, Tracked Environments | |
| SISOBWG001 | Bushwalk in tracked environments |
| SISOBWG005 | Lead bushwalks in tracked environments |
| SISOFLD006 | Navigate in tracked environments |
| Group D Bushwalking, Difficult Tracked Environments | |
| SISOBWG002 | Bushwalk in difficult tracked environments |
| SISOBWG006 | Lead bushwalks in difficult tracked environments |
| SISOFLD007 | Navigate in difficult tracked environments |
| Group E Challenge Course, Low elements | |
| SISOABL001 | Lead adventure-based learning activities |
| SISOCHC001 | Lead challenge course sessions, low elements |
| Group F Challenge Course, High elements | |
| SISOABL001 | Lead adventure-based learning activities |
| SISOCHC003 | Lead challenge course sessions, high elements |
| Group G Climbing, Artificial Surfaces | |
| SISOCLM001 | Top rope climb single pitches, artificial surfaces |
| SISOCLM005 | Establish belays for single pitch climbing on artificial surfaces |
| SISOCLM008 | Lead single pitch climbing activities on artificial surfaces, top rope climbing |
| Group H Climbing, Natural Surfaces, Top Rope | |
| SISOCLM002 | Top rope climb single pitches, natural surfaces |
| SISOCLM006 | Establish belays for single pitch climbing on natural surfaces |
| SISOCLM009 | Lead single pitch climbing activities on natural surfaces, top rope climbing |
| SISOFLD006 | Navigate in tracked environments |
| SISORSC002 | Perform vertical rescues |
| Group I Canoeing, Inland Flat Water | |
| SISOCNE002 | Paddle a canoe on inland flatwater |
| SISOCNE005 | Lead canoeing activities on inland flatwater |
| Group J Caving | |
| SISOCVE001 | Traverse caves |
| SISOCVE002 | Descend and ascend ladders in caves |
| SISOCVE003 | Abseil single pitches in caves |
| SISOCVE004 | Descend and ascend single ropes in caves |
| SISOCVE005 | Establish ropes, ladders and belays for caving |
| SISOCVE006 | Lead caving activities |
| SISORSC002 | Perform vertical rescues |
| Group K Cycle Touring, On Road | |
| SISOCYT001 | Set up, maintain and repair bicycles |
| SISOCYT002 | Ride bicycles on roads and pathways, easy conditions |
| SISOCYT006 | Lead cycling activities on roads and pathways, easy conditions |
| TLIH3002 | Plan and navigate routes |
| Group L Cycle Touring, Off Road Easy Trails | |
| SISOCYT001 | Set up, maintain and repair bicycles |
| SISOCYT004 | Ride off road bicycles on easy trails |
| SISOCYT008 | Lead off road cycling activities on easy trails |
| SISOFLD006 | Navigate in tracked environments |

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| Group M Four Wheel Driving | |
| FWPCOT3260 | Recover four wheel drive vehicles |
| SISODRV002 | Lead four wheel driving activities |
| TLIB0002 | Carry out vehicle inspection |
| TLIC2025 | Operate four wheel drive vehicle |
| TLIH3002 | Plan and navigate routes |
| Group N Horse Trail Riding | |
| RGRPSH308 | Provide first aid and emergency care for horses or other equines |
| SISOEQU001 | Handle horses |
| SISOEQU002 | Ride horses using fundamental skills |
| SISOEQU003 | Ride horses on tracked trail rides |
| SISOEQU005 | Guide horse trail rides in tracked areas |
| SISOEQU010 | Identify hazards, assess and control safety risks for horse handling and riding activities |
| SISOFLD006 | Navigate in tracked environments |
| Group O Fishing | |
| SISOFSH001 | Locate, attract and catch fish |
| SISOFSH002 | Select and catch bait |
| SISOFSH003 | Select and rig tackle outfits |
| SISOFSH004 | Lead fishing activities |
| Group P Kayaking, Inland Flatwater | |
| SISOKYK001 | Paddle a kayak on inland flatwater |
| SISOKYK005 | Lead kayaking activities on inland flatwater |
| Group Q Sea Kayaking, Enclosed Waters | |
| SISOKYS001 | Paddle a sea kayak in enclosed waters |
| SISOKYS004 | Lead sea kayaking activities in enclosed waters |
| Group R Personal Water Craft | |
| SISOFLD005 | Navigate waterway courses |
| SISOPWC001 | Ride personal watercraft in smooth water conditions |
| SISOPWC002 | Ride personal watercraft in slight water conditions |
| SISOPWC003 | Lead personal water craft activities in smooth water conditions |
| SISOPWC004 | Lead personal water craft activities in slight water conditions |
| Group S Rafting, Grade 2 Rivers | |
| SISOFLD006 | Navigate in tracked environments |
| SISORAF001 | Guide a raft on grade 2 rivers |
| SISORAF004 | Lead rafting activities on grade 2 rivers |
| SISORSC004 | Self rescue in white water |
| SISORSC005 | Rescue others in white water |
| Group T Sailing Small Boats | |
| SISOSAI001 | Sail small boats in smooth water and light to moderate wind conditions |
| SISOSAI002 | Sail small boats in partially smooth water and moderate to fresh wind conditions |
| SISOSAI004 | Lead sailing activities in smooth water and light to moderate wind conditions |
| SISOSAI005 | Lead sailing activities boats in partially smooth water and moderate to fresh wind conditions |
| Group U SCUBA Diving | |
| SISOSCB001 | SCUBA dive in open water to a maximum depth of 18 metres |
| SISOSCB004 | Navigate prescribed routes underwater |
| SISOSCB006 | Perform diver rescues |
| SISOSCB010 | Lead SCUBA diving activities |
| Group V Ski Touring |  |
| SISOFLD007 | Navigate in difficult tracked environments |
| SISOSKT001 | Ski on easy cross country terrain |
| SISOSKT003 | Use snow craft skills for alpine touring |
| SISOSKT004 | Lead skiing activities on easy cross country terrain |
| Group W Snorkelling |  |
| SISCAQU002 | Perform basic water rescues |
| SISOSNK001 | Snorkel |
| SISOSNK002 | Lead snorkelling activities |
| Group X Surfing, Beginner | |
| SISORSC007 | Perform basic surf rescues |
| SISOSRF001 | Surf small waves using basic manoeuvres |
| SISOSRF004 | Lead surfing activities, small waves and basic manoeuvres |
| Group Y Surfing, Intermediate | |
| SISORSC007 | Perform basic surf rescues |
| SISOSRF002 | Surf waves using intermediate manoeuvres |
| SISOSRF005 | Lead surfing activities, intermediate manoeuvres |
| Group Z Stand up Paddle Boarding, Inland Flatwater | |
| SISOSUP001 | Paddle a stand up board on inland flatwater |
| SISOSUP004 | Lead stand up paddle boarding activities on inland flatwater |

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| Group AA Stand up Paddle Boarding, Surf | |
| SISORSC007 | Perform basic surf rescues |
| SISOSUP002 | Paddle a stand up board in small waves |
| SISOSUP005 | Lead stand up paddle boarding activities on small waves |
| Group AB Windsurfing | |
| SISCAQU002 | Perform basic water rescues |
| SISOWIN001 | Windsurf in smooth water and light wind conditions |
| SISOWIN002 | Lead windsurfing activities in smooth water and light wind conditions |
| Group AC General electives | |
| ACMHBR310 | Prevent and treat equine injury and disease |
| BSBPEF301 | Organise personal work priorities and development |
| CHCPRT002 | Support the rights and safety of children and young people |
| CHCYTH001 | Engage respectfully with young people |
| FWPFGM3214 | Operate a four wheel drive in a towing situation |
| HLTAID011 | Provide first aid |
| ICTICT214 | Operate application software packages |
| MEM50008 | Carry out trip preparation and planning |
| MEM50009 | Safely operate a mechanically powered recreational boat |
| MEM50010 | Respond to boating emergencies and incidents |
| SISOARC001 | Lead archery sessions |
| SISODRV001 | Drive AWD/4WD vehicles on unsealed roads |
| SISOFLD003 | Select, set up and operate a temporary or overnight site |
| SISOSCB002 | SCUBA dive from boats |
| SISOSCB003 | SCUBA dive at night |
| SISOSCB007 | Inspect and fill SCUBA cylinders |
| SISOSCB008 | SCUBA dive using Enriched Air Nitrox |
| SISXCAI001 | Provide equipment for activities |
| SISXCAI006 | Facilitate groups |
| SISXDIS001 | Facilitate inclusion for people with a disability |
| SISXFAC002 | Maintain sport, fitness and recreation facilities |
| SISXFAC003 | Implement facility maintenance programs |
| SISXFIN002 | Process financial transactions |
| SISXIND001 | Work effectively in sport, fitness and recreation environments |
| SISXIND002 | Maintain sport, fitness and recreation industry knowledge |
| SISXIND010 | Protect children and young people |
| SITTGDE002 | Work as a guide |
| SITTGDE004 | Lead tour groups |
| SITTGDE005 | Prepare and present tour commentaries or activities |
| SITTGDE006 | Develop and maintain the general and regional knowledge required by guides |
| SITTGDE007 | Research and share general information on Australian Indigenous cultures |
| SITTGDE008 | Prepare specialised interpretive content on flora, fauna and landscape |
| SITTGDE009 | Prepare specialised interpretive content on marine environments |
| SITTGDE010 | Prepare specialised interpretive content on cultural and heritage environments |
| SITTGDE011 | Coordinate and operate tours |
| SITTTOP002 | Provide outdoor catering |
| SITXCOM002 | Show social and cultural sensitivity |
| SITXFSA001 | Use hygienic practices for food safety |
| SITXFSA002 | Participate in safe food handling practices |
| TAEDEL301 | Provide work skill instruction |
| TLIB2003 | Carry out vehicle servicing and maintenance |
| TLIB2008 | Carry out inspection of trailers |
| TLIB2119 | Carry out maintenance of trailers |

### VET Competencies Mapped to Course Units

Grouping of competencies within units may not be changed by individual colleges. Groupings of half units is restricted to patterns shown below.

Competencies designated at the Certificate II/III level can only be delivered by schools that have scope to do so. Colleges must apply to have additional competencies at a higher level listed on their scope of registration.

NOTE: When selecting units, colleges must ensure that they follow packaging rules and meet the requirements for the Certificate level. In the event that full Certificate requirements are not met a Statement of Attainment will be issued.

Note: All nationally recognised Training Packages are published on the Australian Government website: <http://training.gov.au/>

### Certificate II Outdoor Recreation

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| --- | --- | --- |
| BSSS Unit Title | Competencies | Core/  Elective |
| Fundamentals of Outdoor Education (0.5) | SISOFLD002 Minimise environmental impact | C |
| HLTWHS001 Participate in workplace health and safety | C |
| Risk Management & Emergency Response (0.5) | HLTAID011 Provide first aid | E |
| HLTWHS001 Participate in workplace health and safety | C |
| Leadership, Teamwork & Responsibility (0.5) | SISOFLD001 Assist in conducting outdoor recreation sessions | C |
| SISXIND002 Maintain Sport, Fitness and Recreation industry knowledge | C |
| Wilderness: Journeys & Environment (0.5) | SISOFLD002 Minimise environmental impact | C |
| SISOFLD006 Navigate in a tracked environments | E |
| SISOFLD003 Select, set up and operate a temporary or overnight site. | E |
| Snorkelling (0.5) | SISOSNK001 Snorkel | E |
| Advanced Snorkelling (0.5) | SISOSNK002 Lead snorkelling activities | E |
| SISCAQU202 Perform basic water rescues | E |
| SCUBA Diving (0.5) | SISOSCB001 SCUBA dive in open water to a maximum depth of 18 metres | E |
| Advanced SCUBA Diving (0.5)  ***Prerequisite:*** SISOSCB001 - SCUBA dive in open water to a maximum depth of 18 metres | SISOSCB004 Navigate prescribed routes underwater | E |
| SISOSCB003 SCUBA dive at night | E |
| SISOSCB009 SCUBA dive to depths between 18 and 40 metres | E |
| SISOSCB002 SCUBA dive from boats | E |
| Extended SCUBA: Diver rescues (0.5)  ***Prerequisite****:*  SISOSCB001 - SCUBA dive in open water to a maximum depth of 18 metres | SISOSCB006 Perform diver rescues | E |
| Extended SCUBA: Recovery Dives (0.5)  ***Prerequisite****:* SISOSCB001 - SCUBA dive in open water to a maximum depth of 18 metres | SISOSCB005 Complete underwater search and recovery dives | E |

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| --- | --- | --- |
| Surfing (0.5) | SISOSRF001 Surf small waves using basic manoeuvres | E |
| SISOSUP001 Paddle a stand up board on inland flat water | E |
| Advanced Surfing (0.5) | SISOSRF002 Surf waves using intermediate manoeuvres | E |
| SISORSC007 Perform basic surf rescues | E |
| Sea Kayaking (0.5) | SISOKYS001 Paddle a sea kayak in enclosed waters | E |
| SISOFLD005 Navigate waterway courses | E |
| Advanced Sea Kayaking (0.5) | SISOKYS002 Paddle a sea kayak in sheltered coastal waters | E |
| Cross Country Skiing (0.5) | SISOSKT001 Ski on easy cross country terrain | E |
| Back Country Skiing (0.5) | SISOSKT002 Ski on intermediate cross country terrain | E |
| Canyoning (0.5) | SISOCAY001 Traverse canyons  SISOCAY002 Abseil in easy to intermediate canyons | E  E |
| Advanced Canyoning (0.5) | SISOCAY003 Abseil in intermediate to advanced canyons | E |
| Caving (0.5) | SISOCVE001 Traverse caves | E |
| SISOABS001 Abseil single pitches using fundamental skills | E |
| Vertical Caving (0.5) | SISOCVE003 Abseil single pitches in caves | E |
| Advanced Caving Skills (0.5) | SISOCVE002 Descend and ascend ladders in caves | E |
| Advanced Roping Techniques for Caves (0.5) | SISOCVE004 Descend and ascend single ropes in caves | E |
| SISOCVE005 Establish ropes, ladders and belays for caving | E |
| Rock Climbing Artificial (0.5) | SISOCLM001 Top rope climb single pitches, artificial surfaces | E |
| Advanced Artificial Climbing (0.5) | SISOCLM005 Establish belays for single pitch climbing on artificial surfaces | E |
| Rock Climbing Natural (0.5) | SISOCLM002 Top rope climb single pitches, natural surfaces | E |
| Advanced Natural Climbing (0.5) | SISOCLM006 Establish belays for single pitch climbing on natural surfaces | E |
| Lead Climbing (0.5) | SISOCLM003 Lead climb single pitches, natural surfaces | E |
| Bushwalking (0.5) | SISOBWG001 Bushwalk in tracked environments | E |
| SISOFLD006 Navigate in tracked environments | E |
| Advanced Bushwalking (0.5) | SISOBWG002 Bushwalk in difficult tracked environments | E |
| Cycle Touring (0.5) | SISOCYT001 Set up, maintain and repair bicycles | E |
| SISOCYT002 Ride bicycles on roads and pathways, easy conditions | E |
| Extended Cycle touring (0.5) | SISOCYT003 Ride bicycles on roads, up to moderate terrain and heavy traffic. | E |
| TLIH3002 Plan and navigate routes | E |
| Mountain Biking (0.5) | SISOCYT001 Set up, maintain and repair bicycles | E |
| SISOCYT004 Ride off road bicycles on easy trails | E |
| Advanced Mountain Biking (0.5) | SISOCYT005 Ride off road bicycles on intermediate trails | E |
| SISOFLD006 Navigate in tracked environments | E |
| Canoeing (0.5) | SISOCNE001 Paddle a craft using fundamental skills | E |
| SISOFLD005 Navigate waterway courses | E |
| Advanced Canoeing (0.5) | SISOCNE002 Paddle a canoe on inland waterways | E |
| SISOCNE005 Lead canoeing activities on inland flatwater. | E |
| Kayaking (0.5) | SISOKYK001 Paddle a kayak on inland flatwater | E |
| SISOFLD005 Navigate waterway courses | E |
| Advanced Kayaking (0.5) | SISOKYK005 Lead kayaking activities on inland flatwater. | E |
| Sailing (0.5) | SISOSAI001 Sail small boats in smooth water and light to moderate wind conditions. | E |
| Advanced Sailing (0.5) | SISOSAI002 Sail small boats in partially smooth water and moderate to fresh wind conditions. | E |
| Whitewater Canoeing (0.5) | SISOCNE003 Paddle a canoe on moving water up to grade 1 rivers | E |
| SISOCNE004 Paddle a canoe on grade 2 rivers | E |
| Whitewater Kayaking (0.5) | SISOKYK002 Paddle a kayak on moving water up to grade 1 rivers | E |
| SISOKYK003 Paddle a kayak on grade 2 rivers | E |

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| High Ropes (0.5) | SISOABL001 Lead adventure-based learning activities | E |
| SISOCHC003 Lead challenge course sessions, high elements. | E |
| Low Ropes (0.5) | SISOABL001 Lead adventure-based learning activities | E |
| SISOCHC001 Lead challenge course sessions, low elements. | E |
| Plan Outdoor Recreation Activities (0.5) | SISOPLN002 Plan outdoor activity sessions | E |
| Guide Outdoor Recreation Sessions (0.5) | SISOPLN001 Finalise operation of outdoor recreation activities | E |
| Facilitate Groups (0.5) | SISXCAI006 Facilitate groups | E |
| Risk Analysis of Activities (0.5) | SISOPLN004 Identify hazards, assess and control risks for outdoor recreation activities | E |
| Outdoor Adventure (0.5) | SISOPLN005 Interpret weather and environmental conditions for outdoor recreation activities | E |
| Remote Area First Aid (0.5)  ***Prerequisite****:*  HLTAID011 Provide first aid | SISOFLD004 Provide first aid in a remote location | E |
| Rescue & Emergency Response (0.5) | SISCAQU002 Perform basic water rescues | E |
| SISXEMR001 Respond to emergency situations | E |
| Abseiling Artificial (0.5) | SISOABS002 Abseil single pitches, artificial surfaces | E |
| Advanced Abseiling Artificial  (0.5) | SISOABS005 Establish ropes for single pitch abseiling on artificial surfaces | E |
| Abseiling Natural (0.5) | SISOABS003 Abseil single pitches, natural surfaces | E |
| Advanced AbseilingNatural (0.5) | SISOABS006 Establish ropes for single pitch abseiling on natural surfaces | E |

# Course Name

Outdoor Recreation

# Course Classification

C

# Training Package Code and Title

#### SIS10 Sport, Fitness and Recreation

|  |  |
| --- | --- |
| Unit Code | Unit Name |
| SIS20419 | Certificate II in Outdoor Recreation |
| SIS30619 | Statement of Attainment in Outdoor Leadership (Cert III competencies) |

# Course Framework

Written under the VET Quality Framework <https://www.asqa.gov.au/about/australias-vet-sector/vet-quality-framework>

# Course Developers

|  |  |
| --- | --- |
| Name | College |
| Daniel Gordon | University of Canberra Senior Secondary College, Lake Ginninderra |
| Dan McNamara | University of Canberra Senior Secondary College, Lake Ginninderra |
| Piper Quick | University of Canberra Senior Secondary College, Lake Ginninderra |

This group gratefully acknowledges the work of previous developers.

# Course Length

The expected completion time for Certificate II SIS20419 Certificate II in Outdoor Recreation is 4 standard units.

## Available course patterns

A standard 1.0 value unit is delivered over at least 55 hours. To receive a course, students must complete at least the **minimum** units over the whole minor, major or major/minor course.

|  |  |
| --- | --- |
| Course | Number of standard units to meet course requirements |
| Minor | Minimum of 2 units |
| Major | Minimum of 3.5 units |
| Major Minor | Minimum of 5.5 units |

### Implementation Guidelines

Units in this course can be delivered in any order. This goals in this C course relate specifically to the units of competencies and the content listed is based on the elements of each of the competencies. When delivering this course you must refer to the Training Package, relevant qualification, units of competencies and the elements and performance criteria.

## Prerequisites for the course or units within the course

There are no specific requirements for this qualification. However, there are prerequisites for some of the units of competency included within this course/qualification and these are listed below.

|  |  |
| --- | --- |
| **Pre-Requisite units of Competency** | **Required to achieve the following units of competency** |
| **SISOSCB001 SCUBA dive in open water to a maximum depth of 18 metres** | SISOSCB003 SCUBA dive at night |
| SISOSCB009 Complete deep dives to between 18 and 40 metres |
| SISOSCB002 SCUBA dive from boats |
| SISOSCB006 Perform diver rescues |
| SISOSCB005 Complete underwater search and recovery dives |
| **HLTAID011 Provide first aid** | SISOFLD004 Provide first aid in a remote location |

## Arrangements for students continuing study in this course

Students who studied the previous course may undertake any units in this course provided there is no duplication of content.

## Duplication of Content Rules

Students cannot be given credit towards the requirements for a Senior Secondary Certificate for a unit that significantly duplicates content in a unit studied in another course. The responsibility for preventing undesirable overlap of content studied by a student rests with the principal and the teacher delivering the course. While it is acceptable for a student to be given the opportunity to demonstrate competence over more than one semester, substantial overlap of content is not permitted. Students will only be given credit for covering the content once.

## Relationship to other courses

This course shares common competencies with other BSSS accredited courses:

* Sport, Recreation and Leadership A/M/V.

## New and/or Updated Training Package

Training Packages are regularly updated through the mandatory continuous improvement cycle. This may result in updating of qualifications and a change in the combination of competencies within a qualification. Where qualifications from the new Training Package have been deemed to be equivalent, students may continue their study without interruption. Students will be granted direct credit for those competencies already achieved.

Where there are new competencies or updated competencies with significant change and these are deemed not equivalent, students may apply for Recognition of Prior Learning (RPL) for all or part of competencies.

Granting of RPL for competencies does not equate to units towards the Senior Secondary Certificate. Refer to RPL on page 25.

# Subject Rationale

The Outdoor Recreation industry has experienced increased growth due to the popularity of the Adventure travel/tourism market and contributes significantly to the Australian Economy. This industry employs a large number of people requiring a wide variety of related skills sets and there is a clear need to provide relevant, appropriate training to ensure skilled personnel. The Outdoor Recreation industry offers a range of employment including full and part time (often seasonal) employment opportunities with flexible working hours making it attractive to a broad range of people.

Outdoor Recreation actively engages students in intellectual, social, emotional and physical development and learning through participation in physical, recreational and sporting activities.

Students will be provided with a range of opportunities to engage in practical, active learning experiences across a variety of environments, allowing students to develop the necessary skills, knowledge and understanding to safely and competently participate in outdoor recreation activities and environments. The variety of units in different fields will allow a range of students to engage in learning. Colleges can differentiate competencies delivered building on the skills of their students and scope of staff providing pathways in Certificate II and statements of attainment which include advanced skills for talented students.

This course supports the development of self-reliance and personal responsibility for the safety, health and wellbeing of self and others and contributes to effective teamwork and the development of targeted technical skills. This in turn supports the development of these characteristics in students contributing to life and employability skills for the Outdoor Recreation industry.

Outdoor Recreation is an integrated area of study that addresses content across several learning areas. It is uniquely placed to address the general capabilities and cross curriculum priorities of the Australian curriculum, particularly personal and social capability, critical and creative thinking, ethical understanding, Aboriginal and Torres Strait Islander Histories and Cultures and Sustainability.

This course responds to the needs of the Outdoor Recreation industry, the availability of relevant and appropriate training, education opportunities and employment pathways. It also reflects the diverse range of elective units of competency from the SIS10 Sport, Fitness and Recreation Training Package, allowing students to specialise in particular activity sectors, undertake general employment or further training. Students are able to undertake the following Australian Qualifications Framework (AQF) Certificate II and pathways to Certificate III qualifications depending on the scope of registration of the Registered Training Organisation (RTO) network College.



https://www.myskills.gov.au/courses/details?Code=SIS20419

# Goals

Goals are statements of intended student outcomes. This course should enable students to develop and demonstrate:

* Knowledge, understanding and skills in Outdoor Recreation through the study, observation of, and engagement in the Outdoor Recreation Industry
* Practical and technical skills safely to industry standards with control, precision and timing
* Knowledge, skills and understanding in the use and operating capability of Outdoor Recreation equipment to assist in the conduct of outdoor recreation activities; safely using and maintaining outdoor recreation equipment according to manufacturers’ specifications and organisations policies and procedures
* Skills and adaptability to effectively perform a range of individual and group roles within Outdoor Recreation, demonstrating initiative, resourcefulness and an ability to solve problems
* Effective communication across a range of contexts and methods
* Independence, leadership and self-reliance or (effective personal, interpersonal and leadership skills to work independently and/or as part of a team)
* Competence in the identification and management of risks, hazards and safety and informed decision making regarding risk management and the personal safety of self and others during outdoor recreational activities
* An understanding and appreciation of the natural environment, how people interact with it, their place within it, minimisation of impact upon it and sustainability of it
* Critical thinking, research and analytical skills
* Understanding and compliance of legal and ethical responsibilities within the outdoor recreation industry, applying safety practices and procedures.

# Student Group

This course is designed for students interested in the Outdoor Education, Outdoor Recreation, Sport and Recreation and Adventure Tourism industry. It focuses on the underpinning knowledge and fundamental skills required to pursue further training and work in a range of Outdoor Recreation and adventure tourism areas and industries. This course provides students with a vocational pathway for future study and has broad appeal.

**Vocational outcomes**

On successful completion of this course, students will attain nationally recognised competencies that will prepare them for the Outdoor Recreational industry. Within the Outdoor Recreation Industry, students may specialise in particular activity sectors, undertake general employment or further training.

# Recognition of Prior Learning (RPL)

RPL is an assessment process that assesses an individual’s formal, non-formal and informal learning to determine the extent to which that individual has achieved the required learning outcomes, competence outcomes, or standards for entry to, and/or partial or total completion of, a VET qualification.

Recognition of competence through the RPL process should be granted to students through gathering supplementary evidence against elements, skills and knowledge from the Training Package as well as through established assessment criteria. RPL may be granted for individual Units of Competence where the evidence is sufficient to do so.

A student having been granted RPL for one or more Units of Competence will still be required to fulfil the time based component of units that contributes to points for the Senior Secondary Certificate.

To cater for this requirement, curriculum designers should design the course to be flexible enough to accommodate students who have gained some competencies through RPL.

Students may demonstrate the achievement of learning outcomes through challenge testing, interview or other means that the teacher deems reasonable. Full records of the RPL process and results must be stored by the college for perusal by the National VET Regulator upon request and should confirmation be required for VET certification. The college must be informed of the application of RPL before the start of the unit that includes the competency. For RPL to be awarded, the Units of Competency must be demonstrated in the Outdoor Recreation context.

# Content

The essential concepts and content in this course is guided by the industry endorsed SIS10 Sport, Fitness and Recreation Training Package.

### Concepts

Essential and interrelated concepts in this course include:

* wide ranging nature and relevance of outdoor recreation in todays’ world
* industry structures
* safety and risk management
* human impact on and management of the natural environment to ensure sustainability
* roles, responsibilities and approaches in outdoor recreational activities
* use of technical and activity equipment.

### Industry Practices and Workplace Knowledge

Industry practices and workplace knowledge are based on the industry standards outlined in the SIS10 Sport, Fitness and Recreation Training Package. These practices take into consideration the environment, sustainable practices, tourism, economy, tourism adventure activities, legislation, society and culture.

### Essential Skills Development

* communication
* teamwork and leadership; providing instructions, building group cohesion, applying discretion and judgement
* problem solving; anticipating issues, applying creative solutions
* decision making
* planning, organisation and management
* management of self (and others), reflection and evaluation
* navigation
* competent and safe use and management of specialised equipment used in outdoor recreation activities
* activity specific skills in a range of outdoor recreation activities
* risk management including risk and hazard identification
* safety, first aid and emergency response procedures
* sourcing, organising, analysing presenting and evaluating relevant information and products to industry standards
* literacy and numeracy specific to industry concepts.

# Teaching and Learning Strategies

This C course will attract students with a wide range of abilities and interests. The aim is to achieve a nationally recognised qualification. If the full requirements of a certificate are not met (in line with Training Package rules), students will be awarded a Statement of Attainment listing the units of competencies achieved. Teaching and learning strategies must accommodate delivery of underpinning essential skills and knowledge required as identified in the Training Package. Any tasks should contribute to the evidence required to deem a student competent.

It is recommended that teachers use a variety of presentation modes to address different learning styles. Structured Workplace Learning is highly recommended for extension of students’ understanding of the real world of work. Simulated work environments are also valuable. Variety in delivery mode can also contribute to more meaningful and motivating learning experiences.

Teaching strategies that are particularly relevant and effective in Outdoor Recreation /Education include, but are not limited to:

* online, G suite, google, docs, forms etc occupational health and safety, mapping docs and programs, SCUBA courses
* demonstrations, guided practice, applications and guest speakers
* teacher demonstrations, peer tutoring, mentoring and student-as-teacher approaches
* brainstorming, individual, pair and group work
* independent practice and application, excursions and field work
* establishing links, partnerships, networks and/or exchanges with relevant individuals, groups, community or tertiary institutions
* the use of case studies, journal and media articles and the investigation and application of theoretical understandings to particular situations
* revision, worksheets, tests and practical activities
* forming and expressing opinions and ideas through questioning, short discussions, stories and talks
* workbooks
* self-reflection relating to performance of relevant concepts and skills
* simulated industry environment
* practical tasks
* professional conversations in appropriate relevant and effective professional conduct and knowledge acquisition.

# Reasonable adjustment

The units in this course are suitable for students requiring reasonable adjustment for delivery and assessment. However, standards of competency (outcomes) as dictated by National Training Packages **cannot be modified**. Students must demonstrate competence to the level required by industry in order to gain a Statement of Attainment or Vocational qualification.

# Assessment

The identification of assessment task types, together with examples of tasks, provides a common and agreed basis for the collection of evidence of student achievement of competencies. This collection of evidence also enables a comparison of achievement within and across colleges, through moderation processes. BSSS requirements and Standards for Registered Training Organisations (RTOs) stipulate that assessment of competencies must be reliable, valid, fair and flexible. Refer to the Standards for RTOs 2015 in this document on page 38 for further information.

There should be a variety of assessment tasks delivered each semester, in line with other BSSS accredited courses. The performance and knowledge evidence listed in the training package is essential in developing assessment tasks. Collectively, these assessment tasks need to provide evidence for **every** element of **every** competency being delivered in the relevant semester.

An assessment checklist for one core competency is included in Appendix A. This will assist in ensuring that evidence collected will be valid and sufficient. A similar rubric needs to be created for **ALL** competencies included in the relevant semester.

Students will be assessed based on whether they are able to demonstrate competence to the standard required in the Training Package against the Units of Competency. Essential skills and knowledge will be incorporated. Students will be deemed competent or not yet competent. Students must have timely access to current and accurate records of their progress towards achieving competence. College RTOs must ensure that regular feedback and further opportunities are provided for students to develop the knowledge and skills required to be deemed competent.

## Competency Based Assessment

The assessment of competence must focus on the competency standards and associated elements identified in the Training Package. Assessors must develop assessment strategies that enable them to obtain sufficient evidence to deem students competent. This evidence must be gathered over a number of assessment items. Competence to industry standard requires a student to be able to demonstrate the relevant skills and knowledge in a variety of industry contexts on repeated occasions. Assessment must be designed to collect evidence against the four dimensions of competency.

* **Task skills –** undertaking specific workplace task(s)
* **Task management skills –** managing a number of different tasks to complete a whole work activity
* **Contingency management skills –** responding to problems and irregularities when undertaking a work activity, such as: breakdowns, changes in routine, unexpected or atypical results, difficult or dissatisfied clients
* **Job/role environment skills –** dealing with the responsibilities and expectations of the work environment when undertaking a work activity, such as: working with others, interacting with clients and suppliers, complying with standard operating procedures or observing enterprise policy and procedures.

The most appropriate method of assessing workplace competence is on-the-job in an industry setting under normal working conditions. This includes using industry standard tools, equipment and job aids and working with trade colleagues. Where this is not available, a simulated workplace environment that mirrors the industry setting will be used. The following general principles and strategies apply:

* assessment is competency based
* assessment is criterion-referenced.

This course has been designed for:

* flexible delivery modes, such as combined structured workplace learning and simulated workplace
* assessment of learners against workplace competency standards.

Quality outcomes can only be assured through the assessment process. The strategy for assessment is based on the integration of the workplace competencies for the learning modules into a holistic activity. The awarding of vocational qualifications is dependent on successful demonstration of the learning outcomes within the modules through the Integrated Competency Assessment that meets the Training Package rules and requirements.

The integrated assessment activity will require the learner to:

* demonstrate appropriate key competencies
* apply the skills and knowledge which underpin the process required to demonstrate competency in the workplace, and
* integrate the most critical aspects of the competencies for which workplace competency must be demonstrated.

# Structured Workplace Learning (SWL): Assessment

In this course, competencies are assessed within activities and an SWL is not currently required within the package. Colleges are advised to check Training Package requirements before delivery of this course.

# Moderation

Moderation is a system designed and implemented to:

* provide comparability in the system of school-based assessment
* form the basis for valid and reliable assessment in senior secondary schools
* involve the ACT Board of Senior Secondary Studies and colleges in cooperation and partnership
* maintain the quality of school-based assessment and the credibility, validity and acceptability of Board certificates.

### The Moderation Model

Moderation within the ACT encompasses structured, consensus-based peer review of assessment instruments for all accredited C courses. Moderation commences within individual colleges. Teachers develop assessment programs and instruments according to the VET Quality Framework. Teachers of C courses are required to present portfolios of student work for verification that units are taught and assessed as documented and validation that assessment meets industry standards.

### Moderation by Structured, Consensus-based Peer Review

Review is a subcategory of moderation, comprising the review of competency assessment against the NVR standards. This is achieved by matching student performance with the elements, skills, knowledge and critical aspects for assessment outlined in each competency in the relevant training package. Advice is then given to colleges to assist teachers with, and/or reassure them on, their judgments.

### Preparation for Structured, Consensus-based Peer Review

Each year, teachers teaching a Year 11 class are asked to retain originals or copies of student work completed in Semester 2. Similarly, teachers teaching a Year 12 class should retain originals or copies of student work completed in Semester 1. Assessment tasks and other documentation required by the Office of the Board of Senior Secondary Studies should also be kept. Year 11 work from Semester 2 of the previous year is presented for review at Moderation Day 1 in March, and Year 12 work from Semester 1 is presented for review at Moderation Day 2 in August.

## The College C Course Presentation

The package of materials presented by a college for review on moderation days in each C course area will comprise the following:

* A folder containing supporting documentation as requested by the Office of the Board through memoranda to colleges. As there is no BSSS course framework for C courses, it is a requirement **that all of the Units of Competence studied** within the semester unit are printed in their entirety directly from [training.gov.au](https://training.gov.au/) and submitted.
* **One** student portfolio. This portfolio contains the VET assessments as presented by the student. Details of the competencies covered are to be included on the ‘C’ Individual Student Profile (ISP), which is available from ACS. Ensure that the college grade, **‘P**’ or **‘Q**’, is indicated on Part B on the Presentation Review Proforma (PRP).

Requirements for specific subject areas will be outlined by the Board Secretariat through memoranda and Information Papers. Teachers should consult the BSSS guidelines at

<http://www.bsss.act.edu.au/grade_moderation/moderation_information_for_teachers> for current information regarding all moderation requirements including subject specific and photographic evidence.

# Resources

### Human Resources

It is the responsibility of the college to ensure that all practical activities comply with Outdoor Adventure Activities Policy, Procedures and mandatory practices for adventure activities and all relevant excursions policies.

### Physical Resources

The resources required for delivering this course are outlined below. Not all equipment applies to all units. Equipment and facilities must be used as required depending on the electives offered. This equipment list is not exhaustive.

The resources required are considerable and may be sourced from outside each college. Colleges are encouraged to share resources where possible. Some equipment may be hired commercially from outdoor recreation retail outlets. Equipment may also be hired from commercial recreation activity businesses.

The use of physical resources also includes access to appropriate venues for outdoor activities. It is expected that all field trips will abide by the policies and procedures of land managers, e.g. National Parks and Wildlife Service (NPWS), Environment ACT, private land owners, recreation reserves.

* information and communication techno logy such as mobile phone, computer hardware and software, fax, internet, printer, scanner, television, video
* camping and hiking equipment such as tents, backpacks, sleeping bags, sleeping mats, stoves
* navigation aids such as maps, compasses, Geographical Positioning System (GPS) device
* first aid equipment including first aid kits, Cardio Pulmonary Resuscitation (CPR) manikins, bandages
* canoeing equipment including canoes, paddles, Personal Flotation Devices (PFD)
* kayaking equipment including kayaks, spray decks, PFDs, paddles
* canoeing and kayaking rescue equipment - throw bags
* skiing equipment - skis, stocks, boots (cross country)
* snowboarding equipment - boards and boots, helmets and wrist guards
* snorkelling equipment - masks, snorkels, fins, wetsuits, booties, weight belts, dive torches
* SCUBA diving equipment - masks, snorkels, fins, wetsuits, booties, weight belts, dive torches, tanks, Buoyancy Compensation Devices (BCD), regulators
* surfing equipment – surfboards, body boards, rescue gear, wetsuits
* climbing equipment - ropes, protection devices, belay and abseiling devices, helmets, boots, slings, karabiners
* abseiling equipment - ropes, anchoring equipment, belay and abseiling devices, helmets, slings, karabiners
* caving equipment - ropes, anchoring equipment, belay and abseiling devices, helmets, slings, karabiners, ladders, head torches
* canyoning equipment - ropes, anchoring equipment, belay and abseiling devices, helmets, slings, karabiners
* mountain biking equipment – bikes, helmets, gloves
* sailing equipment – boats, life jackets etc.
* bushwalking equipment – navigation, tents, hiking boots, packs
* reference and guidebooks
* training videos
* access to transport for field trips.

# Risk Management

All adventure activities must comply with risk management policies and procedures and practices of the relevant school system. Public Schools must refer to the Policy and Mandatory Procedures for Outdoor Adventure Activities. This policy is specified below;

POLICY TITLE: Outdoor Adventure Activities

PUBLISHED: Feb 2017

IDENTIFIER: OAA201702

LEGISLATION: Education Act 2004 and Working with Vulnerable People (Background checking) Act 2011

### Outdoor Adventure Activities

OAA201702 is the unique identifier of this document. It is the responsibility of the user to verify that this is the current and complete version of the document, available on the Directorate’s website at

<https://www.education.act.gov.au/publications_and_policies/policies>

This policy needs to be read in conjunction with the Implementation Documents listed below as well as Related Policies and Information which are available on the Directorate’s website at

<https://www.education.act.gov.au/publications_and_policies/policies>

### Implementation Documents and Risk Management templates

* Outdoor Adventures: Activity Specific Mandatory Practices
* Outdoor Adventure Activities Procedures
* Snorkelling Activity
* SCUBA Diving
* Bushwalking and Orienteering
* Canoeing and Kayaking – Flat Water Activity
* Caving – Horizontal Activity
* Sea Kayaking
* Cross Country Skiing Activity
* Swimming (not affected by Surf)
* Rock Climbing
* Generic Outdoor Education Program (including Camping and Bus Transport)
* Canoeing/Kayaking/Rafting - White water
* Mountain Biking
* Surf Activities (includes Swimming, Body Surfing, Body Boarding and Surfing)
* Caving - Vertical Activity
* Abseiling
* Canyoning.

#### The Risk Assessment Framework can be found at:

<http://www.det.act.gov.au/data/assets/word_doc/0011/19487/Oseas_Excurs_Att8C_RiskManagementFramework.doc>

[https://www.education.act.gov.au/publications\_and\_policies/policies](https://mail.act.gov.au/owa/redir.aspx?C=BKTFQtyFRPd53RlYw6liiCg-i8_iS_x8K0kc4iqy6GBA7DYyAePVCA..&URL=https%3a%2f%2fwww.education.act.gov.au%2fpublications_and_policies%2fpolicies)

Private schools need to adhere to the relevant Risk Management framework and policies

# Standards for Registered Training Organisations 2015

These Standards form part of the VET Quality Framework, a system which ensures the integrity of nationally recognised qualifications.

RTOs are required to comply with these Standards and with the:

* *National Vocational Education and Training Regulator Act 2011*
* VET Quality Framework

The purpose of these Standards is to:

* set out the requirements that an organisation must meet in order to be an RTO;
* ensure that training products delivered by RTOs meet the requirements of training packages or VET accredited courses, and have integrity for employment and further study; and
* ensure RTOs operate ethically with due consideration of learners’ and enterprises’ needs.

To access the standards, refer to:

<https://www.legislation.gov.au/Details/F2017C00663>

To access The Users’ Guide to the Standards refer to:

<https://www.asqa.gov.au/standards>

# Guidelines for Colleges Seeking Scope

Colleges must apply to have their scope of registration extended for each new qualification they seek to issue. There is no system-level process. Each college must demonstrate capacity to fulfil the requirements outlined in the Training Package. Applications for extension of scope are lodged through the Australian Skills Quality Authority (ASQA).

# Assessment of Certificate III and Certificate IV Units of Competence

Colleges delivering Competencies from Certificate III and Cert IV (apart from those competencies allowed in training package rules and as outlined in ASQAs Fact Sheet delivery of elective units will need to have them listed on their scope of registration **or** negotiate a Third Party Agreement with a scoped training partner. This document must be kept on record by the college as the RTO.

# Proposed Evaluation Procedures

Course evaluation will be a continuous process. Teachers will meet regularly to discuss the content of the course and requirements for modification of activities, teaching strategies and assessment instruments. The current trends and innovations in the delivery of Outdoor Recreation will be considered as teachers attend workshops, seminars and participate in discussion groups with other teachers such as on Moderation Day.

Teachers will monitor student performance and progress and student responses to various teaching, learning and assessment strategies. Students and teachers will complete evaluation questionnaires at the end of each unit. The results of these will be collated and reviewed from year to year. There will also be continuous monitoring of student numbers between Years 11 and 12.

Informal discussions between teachers and students, past students, parents and other teachers will contribute to the evaluation of the course.

In the process of evaluation; students, teachers and others should, as appropriate, consider:

* Implementation issues
* Curriculum issues
* relevance
* scheduling
* effectiveness of RPL processes
* integration of training and assessment procedures (on and off the job)
* Student outcomes (achievement of qualification levels)
* Student pathways (further education and training, employment etc)
* Feedback from students, employers, CIT and any partnering RTOs
* Retention rates to graduation, any reasons for non-completion
* Were the goals of the course achieved?
* Was the course content appropriate?
* Were the teaching strategies used successful?
* Was the assessment program appropriate?
* Have the needs of the students been met?
* Was the course relevant?
* How many students completed the course in each of the years of accreditation?

# Fundamentals of Outdoor Education Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 22.

## Specific Unit Goals

This unit should enable students to:

* minimise environmental impact
* participate in workplace health and safety.

## Content

All content below must be delivered:

* Determine the environmental impacts of outdoor recreation activities.
* Communicate minimal impact practices to participants.
* Conduct activities with minimal impact.
* Follow safe work practices.
* Implement safe work practices.
* Contribute to safe work practices in the workplace.
* Reflect on own safe work practices.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOFLD002 | Minimise environmental impact | Core Cert II |
| HLTWHS001 | Participate in workplace health and safety | Core Cert II |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Risk Management & Emergency Response Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* provide first aid
* follow occupational health and safety policies.

## Content

All content below must be delivered:

* Respond to an emergency situation.
* Apply appropriate first aid procedures.
* Communicate details of the incident.
* Evaluate the incident and own performance.
* Follow safe work practices.
* Implement safe work practices.
* Contribute to safe work practices in the workplace.
* Reflect on own safe work practices.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency | Core/Elective |
| HLTAID011 | Provide First Aid | Elective |
| HLTWHS001 | Participate in workplace health and safety | **Core Cert II** |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Leadership, Teamwork & Responsibility Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* assist in conducting outdoor recreation sessions
* maintain Sport, Fitness and Recreation industry knowledge.

## Content

All content below must be delivered:

* Assist with activity preparation.
* Assist with participant preparation.
* Assist with session activities.
* Complete post activity responsibilities.
* Update and apply structural and operational knowledge.
* Update and apply legal and ethical information.
* Update and apply information on technology.
* Update and apply knowledge.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| **SISOFLD001** | **Assist in conducting outdoor recreation sessions** | **Core** Cert II |
| **SISXIND002** | **Maintain Sport, Fitness and Recreation industry knowledge** | **Core** Cert II |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Wilderness Journeys & Environment Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* minimise environmental impact
* select, set up and operate a temporary or overnight site
* navigate in a tracked environments.

## Content

All content below must be delivered:

* Determine the environmental impacts of outdoor recreation activities.
* Communicate minimal impact practices to participants.
* Conduct activities with minimal impact.
* Select and pack equipment and resources.
* Select site.
* Plan outdoor menus.
* Select and pack equipment and resources.
* Set up site.
* Operate and dismantle a temporary site.
* Plan for navigation.
* Navigate a basic route on land or water.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOFLD002 | Minimise environmental impact | Core Cert II |
| SISOFLD003 | Select, set up and operate a temporary or overnight site | Elective |
| SISOFLD006 | Navigate in a tracked environments | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Snorkelling Value: 0.5

## Prerequisites

(Training Package prerequisite for units – to be delivered at the beginning of the program)

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* snorkel.

## Content

* Prepare for the snorkel.
* Snorkel on surface and underwater.
* Maintain self-safety.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOSNK001 | Snorkel | Elective Cert II |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Advanced Snorkelling Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* lead snorkelling activities
* perform basic water rescues.

## Content

All content below must be delivered:

* Prepare equipment and participants.
* Brief participants and demonstrate snorkelling techniques.
* Lead and supervise snorkelling activities.
* Manage safety during snorkelling activities.
* Complete post activity responsibilities.
* Identify and evaluate aquatic emergencies.
* Apply basic water rescue principles.
* Communicate incident details.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOSNK002 | Lead snorkelling activities | Elective |
| SISCAQU202 | Perform basic water rescues | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# SCUBA Diving Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* SCUBA dive in open water to a maximum depth of 18 metres.

## Content

All content below must be delivered:

* Plan dives.
* Prepare for the dive.
* Complete dives.
* Maintain safety and complete dives.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOSCB001 | SCUBA dive in open water to a maximum depth of 18 metres | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Advanced SCUBA Diving Value: 0.5

## Prerequisites

SISOSCB001 - SCUBA dive in open water to a maximum depth of 18 metres

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* SCUBA dive at night
* SCUBA dive to depths between 18 and 40 metres
* SCUBA dive from boats
* Navigate prescribed routes underwater.

## Content

All content below must be delivered:

* Prepare for underwater navigation.
* Navigate underwater.
* Select sites and prepare for night dives.
* Select and prepare night diving equipment.
* Complete night dives.
* Respond to problems.
* Plan for deep recreational dives.
* Complete deep dives.
* Prepare for boat dives.
* Complete boat dives.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOSCB004 | Navigate prescribed routes underwater | Elective |
| SISOSCB003 | SCUBA dive at night | Elective |
| SISOSCB009 | Complete deep dives to between 18 and 40 metres | Elective |
| SISOSCB002 | SCUBA dive from boats | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Extended SCUBA: Diver Rescues Value: 0.5

## Prerequisites

SISOSCB001 - SCUBA dive in open water to a maximum depth of 18 metres

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* perform diver rescues.

## Content

All content below must be delivered:

* Determine rescue requirements and prepare for rescue.
* Rescue divers.
* Use supplemental oxygen.
* Debrief and complete reports.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOSCB006 | Perform diver rescues | Elective Cert |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Extended SCUBA: Recovery Dives Value: 0.5

## Prerequisites

SISOSCB001 - SCUBA dive in open water to a maximum depth of 18 metres

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* complete underwater search and recovery dives.

## Content

All content below must be delivered:

* Plan underwater search and recovery.
* Conduct search.
* Recover objects.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOSCB005 | Complete underwater search and recovery dives | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Surfing Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* surf small waves using basic manoeuvres
* paddle a stand up board on inland flatwater.

## Content

All content below must be delivered:

* Prepare to surf.
* Manoeuvre the surfboard through small waves.
* Catch and ride small waves using basic manoeuvres.
* Maintain own safety, and self rescue in small surf conditions.
* Prepare for the paddle.
* Paddle and manoeuvre stand up paddle board on flatwater.
* Rescue self in deep water.
* Perform deep water rescues in flatwater conditions.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOSRF001 | Surf small waves using basic manoeuvres | Elective |
| SISOSUP001 | Paddle a stand up board on inland flatwater | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Advanced Surfing Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* surf waves using intermediate manoeuvres
* perform basic surf rescues.

## Content

All content below must be delivered:

* Prepare to surf.
* Manoeuvre the surfboard through intermediate waves.
* Catch and ride waves using intermediate manoeuvres.
* Maintain own safety, and self rescue in intermediate surf conditions.
* Simple rescues procedures in moderate surf conditions (and performance of).
* Determine rescue requirements and prepare for rescue.
* Rescue others from surf.
* Debrief and complete reports.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOSRF002 | Perform intermediate level surfing manoeuvres | Elective |
| SISORSC007 | Perform basic surf rescues | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Sea Kayaking Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* paddle a sea kayak in enclosed waters.

## Content

All content below must be delivered:

* Prepare for the paddle.
* Paddle and manoeuvre sea kayaks in enclosed waters.
* Rescue self following a capsize.
* Perform deep water rescues in enclosed waters.
* Land and secure sea kayaks.
* Plan the course.
* Navigate waterway courses.
* Fix position of craft.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOKYS001 | Paddle a sea kayak in enclosed waters | Elective |
| SISOFLD005 | Navigate waterway courses | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Advanced Sea Kayaking Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* paddle a sea kayak in sheltered coastal waters.

## Content

All content below must be delivered:

* Prepare for the paddle.
* Paddle and manoeuvre sea kayaks in sheltered coastal waters.
* Rescue self following a capsize.
* Perform deep water rescues in sheltered coastal waters.
* Land and secure sea kayaks.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOKYS002 | Paddle a sea kayak in sheltered coastal waters | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Cross Country Skiing Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* ski on easy cross country terrain.

## Content

All content below must be delivered:

* Prepare for the ski tour activity.
* Negotiate easy cross country trails.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOSKT001 | Ski on easy cross country terrain | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Back Country Skiing Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* ski on intermediate cross country terrain.

## Content

All content below must be delivered:

* Prepare for the ski tour activity.
* Negotiate intermediate cross country terrain.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOSKT002 | Ski on intermediate cross country terrain | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Canyoning Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* traverse canyons
* abseil in easy to intermediate canyons.

## Content

All content below must be delivered:

* prepare for canyoning activities.
* utilise canyon features for recreational activities.
* prepare for the canyon abseil.
* abseil vertical canyon pitches.
* belay abseilers during canyon descents.
* self-belay during canyon descents.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOCAY001 | Traverse canyons | Elective |
| SISOCAY002 | Abseil in easy to intermediate canyons | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Advanced Canyoning Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* abseil in intermediate to advanced canyons.

## Content

All content below must be delivered:

* Prepare for the canyon abseil.
* Abseil in canyons using multi pitch descent techniques.
* Change over safely at belay stations.
* Belay abseilers during multi pitch descents in canyons.
* Self-belay during multi pitch canyon descents.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOCAY003 | Abseil in intermediate to advanced canyons | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Caving Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* traverse caves
* abseil single pitches using fundamental skills.

## Content

All content below must be delivered:

* Prepare for horizontal caving activities.
* Navigate in caves.
* Travel through caves.
* Prepare for the abseil.
* Abseil using single pitch descent techniques.
* Belay abseilers under supervision.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOCVE001 | Traverse caves | Elective |
| SISOABS001 | Abseil single pitches using fundamental skills | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Vertical Caving Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* abseil single pitches in caves.

## Content

All content below must be delivered:

* Prepare for the cave abseil.
* Abseil vertical cave pitches.
* Belay abseilers during cave descents.
* Self-belay during cave descents.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOCVE003 | Abseil single pitches in caves | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Advanced Caving Skills Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* descend and ascend ladders in caves.

## Content

All content below must be delivered:

* Prepare for the ladder descent or ascent.
* Descend and ascend and vertical ladders in caves.
* Belay ladder climbers during descents and ascents.
* Self-belay during ladder descents and ascents.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOCVE002 | Descend and ascend ladders in caves | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Advanced Roping Techniques for Caves Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* descend and ascend single ropes in caves
* establish ropes, ladders and belays for caving.

## Content

All content below must be delivered:

* Prepare for the single rope descent or ascent.
* Descend and ascend a pitch using single rope techniques.
* Select route and equipment suitable for the cave abseil.
* Set up caver belay system for caving.
* Rig rope pitches and ladders for caving.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOCVE004 | Descend and ascend single ropes in caves | Elective |
| SISOCVE005 | Establish ropes, ladders and belays for caving | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Rock Climbing Artificial Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* top rope climb single pitches, artificial surfaces.

## Content

All content below must be delivered:

* Top rope climbing skills on artificial surfaces (demonstrate).
* Prepare for the climb.
* Climb and descend single pitch routes using top rope techniques.
* Belay top rope climbers.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOCLM001 | Top rope climb single pitches, artificial surfaces | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Advanced Artificial Climbing Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* establish belays for single pitch climbing on artificial surfaces.

## Content

All content below must be delivered:

* Top rope climbing skills on artificial surfaces (apply).
* Select route and equipment suitable for the climb.
* Set up belay system for artificial surface climbs.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOCLM005 | Establish belays for single pitch climbing on artificial surfaces | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Rock Climbing Natural Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* top rope climb single pitches, natural surfaces.

## Content

All content below must be delivered:

* Prepare for the climb.
* Climb and descend single pitch routes using top rope techniques.
* Belay tope rope climbers.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOCLM002 | Top rope climb single pitches, natural surfaces | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Advanced Natural Climbing Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* establish belays for single pitch climbing on natural surfaces.

## Content

All content below must be delivered:

* Select route and equipment suitable for the climb.
* Set up belay system for natural surface climbs.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOCLM006 | Establish belays for single pitch climbing on natural surfaces | Elective |

It is essential to access [training.gov.au](https://training.gov.au/)for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Lead Climbing Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* lead climb single pitches, natural surfaces.

## Content

All content below must be delivered:

* Prepare for the climb.
* Climb single pitch routes.
* Ascend single pitch routes as a lead climber.
* Ascend single pitch routes as a second climber.
* Belay climbers.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOCLM003 | Lead climb single pitches, natural surfaces | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Bushwalking Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* bushwalk in tracked environments
* navigate in tracked environments.

## Content

All content below must be delivered:

* Prepare for the walk.
* Walk in tracked environments.
* Negotiate environmental obstacles, steps and slopes.
* Plan for navigation.
* Navigate a basic route on land or water.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOBWG001 | Bushwalk in tracked environments | Elective |
| SISOFLD006 | Navigate in tracked environments | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Advanced Bushwalking Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* bushwalk in difficult tracked environments.

## Content

All content below must be delivered:

* Prepare for the walk.
* Walk in difficult tracked environments.
* Negotiate environmental obstacles and steep, slopes.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOBWG002 | Bushwalk in difficult tracked environments | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Cycle Touring Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* select, set up and maintain a bike
* ride bicycles on roads and pathways, easy conditions.

## Content

All content below must be delivered:

* Select and set up bikes.
* Maintain and repair bicycles.
* Prepare for the ride.
* Ride bicycles in easy road and pathway conditions.
* Negotiate hazards, obstacles and gentle gradients.
* Negotiate minor roads in light vehicular traffic.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOCYT001 | Set up, maintain and repair bicycles | Elective |
| SISOCYT002 | Ride bicycles on roads and pathways, easy conditions | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Extended Cycle Touring Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* ride bicycles on roads, up to moderate terrain and heavy traffic
* plan and navigate routes.

## Content

All content below must be delivered:

* Prepare for the ride.
* Ride bicycles on moderate road conditions.
* Negotiate hazards, obstacles and moderate gradients.
* Negotiate major roads in heavy vehicular traffic.
* Interpret street maps.
* Plan routes.
* Follow planned route.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOCYT003 | Ride bicycles on roads, up to moderate terrain and heavy traffic. | Elective |
| TLIH3002 | Plan and navigate routes | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Mountain Biking Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* set up, maintain and repair bicycles
* ride off road bicycles on easy trails.

## Content

All content below must be delivered:

* Select and set up bikes.
* Maintain and repair bicycle.
* Prepare for the ride.
* Ride bicycles off road in easy trail conditions.
* Negotiate hazards, obstacles and gentle gradients.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOCYT001 | Set up, maintain and repair bicycles | Elective |
| SISOCYT004 | Ride off road bicycles on easy trails | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Advanced Mountain Biking Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* ride off road bicycles on intermediate trails
* navigate in tracked environments.

## Content

All content below must be delivered:

* Prepare for the ride.
* Ride bicycles off road in intermediate trail conditions.
* Negotiate hazards, obstacles, moderate and steep gradients.
* Plan for navigation.
* Navigate a basic route on land or water.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOCYT005 | Ride off road bicycles on intermediate trails | Elective |
| SISOFLD006 | Navigate in tracked environments | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Canoeing Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* paddle a craft using fundamental skills
* navigate waterway courses.

## Content

All content below must be delivered:

* Prepare for the paddle.
* Paddle and manoeuvre small crafts on flatwater.
* Rescue self following a capsize.
* Land and secure canoes.
* Plan the course.
* Navigate waterway courses.
* Fix position of craft.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOCNE001 | Paddle a craft using fundamental skills | Elective |
| SISOFLD005 | Navigate waterway courses | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Advanced Canoeing Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* paddle a canoe on inland waterways
* lead canoeing activities on inland flatwater.

## Content

All content below must be delivered:

* Prepare for the paddle.
* Paddle and manoeuvre canoes on flatwater.
* Rescue self following a capsize.
* Perform deep water rescues in flatwater conditions.
* Land and secure canoes.
* Prepare equipment and participants.
* Brief participants and demonstrate canoeing techniques applicable to flatwater conditions.
* Lead and supervise flatwater canoeing activities.
* Manage safety during flatwater canoeing activities.
* Complete post activity responsibilities.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOCNE002 | Paddle a canoe on inland waterways | Elective |
| SISOCNE005 | Lead canoeing activities on inland flatwater. | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Kayaking Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* paddle a kayak on inland flatwater
* demonstrate simple kayaking skills
* navigate waterway courses.

## Content

All content below must be delivered:

* Prepare for the paddle.
* Paddle and manoeuvre kayaks on flatwater.
* Rescue self following a capsize.
* Perform deep water rescues in flatwater conditions.
* Land and secure kayaks.
* Plan the course.
* Navigate waterway courses.
* Fix position of craft.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOKYK001 | Paddle a kayak on inland flatwater | Elective |
| SISOFLD005 | Navigate waterway courses | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Advanced Kayaking Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* lead kayaking activities on inland flatwater.

## Content

All content below must be delivered:

* Prepare equipment and participants.
* Brief participants and demonstrate kayaking techniques applicable to flatwater conditions.
* Lead and supervise flatwater kayaking activities.
* Manage safety during flatwater kayaking activities.
* Complete post activity responsibilities.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOKYK005 | Lead kayaking activities on inland flatwater. | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Sailing Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* sail small boats in smooth water and light to moderate wind conditions.

## Content

All content below must be delivered:

* Prepare for the sail.
* Rig small boat.
* Launch small boats.
* Sail a marked course in smooth water and moderate to light to moderate wind conditions.
* Recover crew member lost overboard.
* Recover from a capsize.
* Operate small boats under tow.
* Land and secure small boats.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOSAI001 | Sail small boats in smooth water and light to moderate wind conditions. | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Advanced Sailing Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* sail small boats in partially smooth water and moderate to fresh wind conditions.

## Content

All content below must be delivered:

* Prepare for the sail.
* Rig small boat.
* Launch small boats.
* Sail a marked course in partially smooth water and moderate to fresh wind conditions.
* Recover crew member lost overboard.
* Recover from a capsize.
* Operate small boats under tow.
* Land and secure small boats.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOSAI002 | Sail small boats in partially smooth water and moderate to fresh wind conditions. | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Whitewater Canoeing Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* paddle a canoe on moving water up to grade 1 rivers
* paddle a canoe on grade 2 rivers.

## Content

All content below must be delivered:

* Prepare for the paddle.
* Paddle and manoeuvre canoes on slow moving water.
* Rescue self following a capsize.
* Perform deep water rescues in slow moving river conditions.
* Land and secure canoes.
* Paddle and manoeuvre canoes on grade 2 rivers.
* Plan and run routes through rapids.
* Perform deep water rescues in grade 2 rivers.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOCNE003 | Paddle a canoe on moving water up to grade 1 rivers | Elective |
| SISOCNE004 | Paddle a canoe on grade 2 rivers | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Whitewater Kayaking Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* paddle a kayak on moving water up to grade 1 rivers
* paddle a kayak on grade 2 rivers.

## Content

All content below must be delivered:

* Prepare for the paddle.
* Paddle and manoeuvre kayaks on slow moving water.
* Rescue self following a capsize.
* Perform deep water rescues in slow moving river conditions.
* Land and secure kayaks.
* Paddle and manoeuvre kayaks on grade 2 rivers.
* Plan and run routes through rapids.
* Perform deep water rescues in grade 2 rivers.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOKYK002 | Paddle a kayak on moving water up to grade 1 rivers | Elective |
| SISOKYK003 | Paddle a kayak on grade 2 rivers | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# High Ropes Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* assist in the facilitation of adventure-based learning activities
* conduct a high ropes session.

## Content

All content below must be delivered:

* Confirm details for activity.
* Prepare participants.
* Facilitate session activities.
* Participate in activity debrief and evaluation.
* Prepare equipment and participants.
* Brief participant.
* Instruct belay techniques for high elements.
* Lead high element activities.
* Manage safety during activities and complete basic rescues.
* Complete post activity responsibilities.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOABL001 | Lead adventure-based learning activities | Elective |
| SISOCHC003 | Lead challenge course sessions, high elements. | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Low Ropes Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* lead adventure-based learning activities
* lead challenge course sessions, low elements.

## Content

All content below must be delivered:

* Confirm details for activity.
* Prepare participants.
* Facilitate session activities.
* Participate in activity debrief and evaluation.
* Prepare equipment and participants.
* Brief participant.
* Instruct spotting technique for low elements.
* Lead low element activities.
* Manage safety during activities.
* Complete post activity responsibilities.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOABL001 | Lead adventure-based learning activities | Elective |
| SISOCHC001 | Lead challenge course sessions, low elements. | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Plan Outdoor Recreation Activities Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* plan outdoor activity sessions.

## Content

All content below must be delivered:

* Identify needs and expectations of participants.
* Plan activity sessions.
* Coordinate activity resources.
* Issue activity documents and brief delivery personnel.
* Evaluate effectiveness of activity sessions.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| ode | Competency Title | Core/Elective |
| SISOPLN002 | Plan outdoor activity sessions | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Guide Outdoor Recreation Sessions Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* finalise operation of outdoor recreation activities.

## Content

All content below must be delivered:

* Confirm operational details for the activity.
* Prepare and pack equipment for activities.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOPLN001 | Finalise operation of outdoor recreation activities | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Facilitate Groups Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* facilitate groups.

## Content

All content below must be delivered:

* Plan for group establishment.
* Develop group commitment and cooperation.
* Facilitate group processes and performance.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISXCAI306 | Facilitate groups | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to page pages 28-29..

# Risk Analysis of Activities Value: 0.5

## Prerequisites

(Training Package prerequisite for units – to be delivered at the beginning of the program)

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* identify hazards, assess and control risks for outdoor recreation activities.

## Content

All content below must be delivered:

* Identify hazards for outdoor recreation activities.

|  |  |
| --- | --- |
| * Assess risks associated with hazards. |  |

* Assess risks associated with participants.
* Plan activities to eliminate or control risks.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOPLN004 | Identify hazards, assess and control risks for outdoor recreation activities | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Outdoor Adventure Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* interpret weather and environmental conditions for outdoor recreation activities.

## Content

All content below must be delivered:

* Interpret information from a weather map.
* Obtain and interpret information about, weather conditions for a locality or region.
* Obtain and interpret information about environmental events.
* Plan activities according to weather and environmental conditions.
* Interpret weather in the field.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOPLN005 | Interpret weather and environmental conditions for outdoor recreation activities | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Remote Area First Aid Value: 0.5

## Prerequisites

|  |  |
| --- | --- |
| HLTAID011 | Provide first aid |

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* provide first aid in a remote location.

## Content

All content below must be delivered:

* Prepare equipment for first aid response in remote or isolated areas.
* Assess the situation.
* Manage casualty or casualties.
* Liaise with external services to manage casualty or casualties.
* Coordinate evacuation and first aid activities until assistance arrives.
* Debrief, document and evaluate the incident.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOFLD004 | Provide first aid in a remote location | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Rescue & Emergency Response Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* perform basic water rescues
* respond to emergency situations.

## Content

All content below must be delivered:

* Identify and evaluate aquatic emergencies.
* Apply basic water rescue principles.
* Communication of incident details.
* Apply workplace emergency procedures.
* Respond to an emergency situation.
* Coordinate and monitor participant response.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISXEMR001 | Respond to emergency situations | Elective |
| SISCAQU002 | Perform basic water rescues | Elective |

It is essential to access [training.gov.au](https://training.gov.au/) for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Abseiling Artificial Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* abseil single pitches, artificial surfaces.

## Content

All content below must be delivered:

* Prepare for the abseil.
* Abseil using single pitch descent techniques.
* Belay abseilers during single pitch descents.
* Self-belay during single pitch descents.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOABS002 | Abseil single pitches, artificial surfaces | Elective |

It is essential to access www.training.gov.au for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Advanced Abseiling Artificial Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* establish ropes for single pitch abseiling on artificial surfaces.

## Content

All content below must be delivered:

* Select route and equipment suitable for the abseil.
* Set up belay system for artificial surface abseils.
* Rig rope pitches for artificial surface abseils.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOABS005 | Establish ropes for single pitch abseiling on artificial surfaces | Elective |

It is essential to access www.training.gov.au for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Abseiling Natural Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* abseil single pitches, natural surfaces.

## Content

All content below must be delivered:

* Prepare for the abseil.
* Abseil using single pitch descent techniques.
* belay abseilers during single pitch descents.
* Self-belay during single pitch descents.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOABS003 | Abseil single pitches, natural surfaces | Elective |

It is essential to access www.training.gov.au for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.

# Advanced Abseiling Natural Value: 0.5

## Prerequisites

Nil

## Duplication of Content Rules

Refer to page 20.

## Specific Unit Goals

This unit should enable students to:

* establish ropes for single pitch abseiling on natural surfaces.

## Content

All content below must be delivered:

* Select route and equipment suitable for abseil.
* Set up belay system for natural surfaces.
* Rig rope pitches for natural surfaces.

## Units of Competency

Competence must be demonstrated over time and in the full range of Outdoor Recreation contexts. Teachers must use this unit document in conjunction with the qualification and competencies from the SIS10 Sport, Fitness and Recreation Training Package, which provides performance criteria, range statements and assessment contexts.

Teachers must address all content related to the competencies embedded in this unit. Reasonable adjustment may be made to the mode of delivery, context and support provided according to individual student needs. In order to be deemed competent to industry standard, assessment must provide authentic, valid and sufficient evidence as indicated in the relevant Training Package.

|  |  |  |
| --- | --- | --- |
| Code | Competency Title | Core/Elective |
| SISOABS006 | Establish ropes for single pitch abseiling on natural surfaces | Elective |

It is essential to access www.training.gov.au for detailed up to date information relating to the competencies in this unit. A direct link to the qualifications is available at:

[training.gov.au - SIS20419 - Certificate II in Outdoor Recreation](https://training.gov.au/Training/Details/SIS20419)

[training.gov.au - SIS30619 - Certificate III in Outdoor Recreation](https://training.gov.au/Training/Details/SIS30619)

## Teaching and Learning Strategies

Refer to page 27.

## Assessment

Refer to pages 28-29.